



## ***Being Teleported To The "In Between"***

*with Jim Bruton - Episode 109*

### **00:01**

You are listening to the Exploring Death Podcast.

### **00:08**

Hello, it's Lisa Jones with the Exploring Death Podcast. And today I have Jim Bruton with me. Jim and I met at the IANDS Conference last August and it was such an interesting meeting because a couple of people had said to me, Oh my gosh, did you hear Jim Bruton's presentation? And I hadn't. And so they said, Oh, well you should meet him. He had an amazing NDE and he's from Connecticut. And so I said, okay, cool. I'll definitely be sure to connect with him. And this was all during dinner. And so when I got back to the hotel, I started looking around and trying to figure out where Jim was and who he was. Meanwhile, I had gotten a message via Facebook and it was from Jim Bruton saying, Lisa, we need to meet. I understand that we have a friend in common. And so anyway, we ended up bumping into each other right in the entrance of, I think there was a dance party or something that night.

### **01:05**

And we just started chatting without knowing that we were who each other were. And it turns out, Oh my gosh, we were both being guided to connect at that moment. So as you will hear in our interview, we talk about how, you know, coincidence as well as synchronicities happened so much easier when you've had these out of body near death experiences because somehow it just kind of clears the energy for things like this to happen all the time, even though they're always very surprising and very many times very comical how things unfold. So enjoy the show. I know it's, it's just an amazing one, especially the traumatic near death experience that Jim encountered. It's amazing. So be sure to stay tuned for that and of course, be sure to stay tuned all the way to the end as I will be pulling cards and trying to make a little more sense out of all of this wild energy experiences that we've had or maybe you've had or, and see what spirit has to say about that. So enjoy the show.

### **02:12**

Hello and welcome to the exploring death podcast on Lisa Jones, your host. And today I have Jim Bruton with me. In October, 2016 Jim was flying one of his historical reproduction airplanes

over the Connecticut countryside. Suddenly he lost power and crashed into a forest, rupturing his lungs, breaking all of his ribs and shattering his right leg. Lifestar helicoptered him to the Hartford hospital where the surgeons prepared him for a day long operation by putting him into a week long coma. It was then that he had his near death experience and went to a place called the in between. Welcome Jim. Elisa, how are you today? I am and I'm so excited to have you here on the exploring death podcast as we had met at the IANDS conference just this past August, September. And it was so funny, we, and we were just talking about this before we started recording, is the coincidences that happen when you've had an out of body or shared death or near death experience because it just seems like they happen all the time and yet we're continually surprised by it. It's so true.

### **03:28**

Having a, a spiritually transformative experience, like an NDA, fine tunes you back into the fabric of the universe and kind of gets you back on track so that synchronicities become more a norm.

### **03:40**

Get an exception. That's right. Because I remember I was trying or somehow you, you knew me because you're somehow related to my best friend golden. Right. And so my cousin

### **03:53**

Absolutely, and I was already a fan of yours. I was listening to your podcast before the conference, so it was really nice to see you and meet you in person and United said, Oh, by the way, we have a common connection. And of course, you know, I've been out to California to visit her recently and we talked about you and you were going over there to visit hers. And so it looks like you all are doing some [inaudible].

### **04:16**

Yeah, we're having a lot of fun getting the real ones. A group that we've got on Facebook, which is really fun. So anyway I am so excited to talk to you about your near death experience and wow, that is traumatic. I mean, I do have to say my shared death experience, I didn't have to go through the physical trauma that you did with ruptured lungs, all of your ribs broken and a shattered leg. So tell us about that day and, and, and then, you know, talk about what happened with your near death. Sure.

### **04:47**

Thank you. Yeah, I've always been a fan of early aviation and I used to travel a lot and then when I settled down from them, my wife said, why don't you build this airplane you've always been talking about? And so I built my first one and that was fine and I sold it and I built the second one, which is a tiny little called a flying flea 1930s reproduction. It kind of looks like something out of a Disney cartoon. You know, it's very small and whimsical looking, looks like a soapbox Derby car with a, you know, engine right in front of you. And I was out on my second flight, a second test flight and I didn't really like the way it handled in the first flight, but I thought, well, I'm a pretty good pilot. I'll go up, master it. So I took off and flew around a little bit.

**05:29**

And true, I did lose my engine and there was really no way to get back to the airfield. So I was actually aiming for a small Lake in a boy scout camp cause that was the only place that had no trees. All right, fine. Let's go there. But I overshot the bank by about 10 feet. And then imagine soapbox Derby car crashing into big tree trunks at 70 miles an hour, right? Yeah. The throttle quadrant that I had my hand on was made out of grade steel and it is bent like a pretzel and there's no way normally I could do that. So I keep it kind of like over my man bar area. You know, it was a little trophy. And what else are you going to do? Right,

**06:11**

I was going to say, and how did you not die? I mean, how, what, what do you attribute that to?

**06:15**

By the grace of God and only that to be honest. I mean it has to be locally. Okay. So this boy scout camp, this was October, it's closed, but a man used to like to kind of sneak out and go fishing. Well, he's a retired police officer, so everybody was happy to have him there, you know, the safest place around. He happened to be fishing and he saw the whole thing. He ran over. He saw I was in terrible shape and any kind of propped me up because I was foaming blood now because I had no functioning lungs. And he said he normally left his cell phone in his truck I half a mile away that day. For some reason he had it on him. I might not have survived if he had to run half a mile there and half a mile back. So he kept me propped up until Lifestar the helicopter landed as close as they could nearby.

**07:04**

Luckily there was a clearing and they pretty quickly, you know, I was going to say they cut me out of the cockpit, but it was really only my seatbelt. Literally when the plane stopped crashing, there was no plane left around me. It was all matched ticks except the part behind me. I was seat-belted tube. So they put me in the helicopter, flew me to a heart group. The trauma team there was waiting for me. And by the way, just special shout out to that entire hospital team. Amazing. Amazing, amazing. If anyone in Connecticut or in this area ever wanted to go into a medical career, I'd say go there. Even if you have to pay them to work there, it's, they're just incredible. So by the time my wife and those daughters got there a couple hours later, they were informed that there were going to be multiple, actually multiple six plus hour operations coming up over the next few days and suddenly had like a 2% chance of success. And they said we could lose him at any time. My daughter later told me, we started the grieving process then we assume that, you know, but I was in a breathing machine. I had tubes going in and out every possible place and to support my life in every way. And they finally told my wife, you know, we, we should just put him in a coma for a week while we're doing this. And she agreed

**08:27**

First to a picture that is behind him in the video of the interview. And as he is talking, he will walk you through what exactly he was seeing in his near death experience.

**08:39**

So literally the moment they put me into a coma and then it kind of went to sleep here, I instantly woke up in the, in between. It was like I teleported and that's a picture of it behind me on the wall. It's a, so to pick up right there, it's like I literally teleported. And it was, it was as if it was post-apocalyptic New York city, if you will, you know, just this landscape. Nothing recognizable like New York, but it was just as if everything had been destroyed and was in ruins. And I was like high up on a terrace of a tall building and everything was gray as if it were concrete and the sky, as you can see behind me, it was just super dark gray. The clouds were storing heavy, like they were just getting ready to cut loose with a hailstorm or a tornado or something.

**09:29**

I mean it was like standing right from a title a view. It was so dangerous, so eminent if you will. But it was absolutely silent there, silent, silent, silent. And I felt for some reason nauseas I got this wave of nausea pastoring. I said, wow, I don't think I can stand this. And the moment I said that I heard this light clacking like gears and I looked around and to my left was that large sort of egg shaped sculpture near me. I would say it was about three or four stories high. If I had to give it some dimension and it was within it, there were all these tiny little gears moving. And what's interesting, I had never seen gear shaped like this. They're called sector gears. You see them in clogs, there are partial arcs of a gear. Normally we think of gear all the way around.

**10:21**

This was like a part of us, because they sweep back and forth. Well in this case, they were moving all around. I went over there and looked through that lattice work at them and they were kind of ghost-like. I mean they were actually passing through each other and I looked and I said like out loud, like what is this? And it said, this is the future birthing into the now. And I said like, and it said, this is the process of becoming. And I just kept watching it and I, I remember saying, you know, what's happening now is it moves around. It says each gear is the probability of a thought word or deed in your future. And then the gears stopped. And I don't know why I knew I could do this. I just reached through the lattice, didn't touch them because some appeared more solid, some pure, like I said, more ghosts.

**11:08**

Like at some point I touched one, got this really huge shock of nausea in my stomach and instinctively I grabbed it and just pulled it out through the [inaudible] and threw it away. And then all the gears swung around before I said, what's happening now? And said, your future has to reset itself around an event that will not be there now. And I said, how did I know I could do that? And it supplies outs. Are you here? I mean, just everything was just mind blowing. I said, what is this place? Where am I said you're in the InBetween now. Say it in between what? It literally said everything between the future in the past, in life and death. I was, you know, more confused and said, you're, you're standing within the eternity of a single moment. And I said, what does that mean? He said, well, can you, can you remember the body?

**12:01**

Can you remember the body to which you belong? And I literally do remember standing there with this blankest probably expression on my face with no memory of this place at all. No

attachment, no memory. If someone had come up and said, if you stay here any longer, you can't go back. I would say go back where? To your family, what family is gone. I was depersonalized down to zero. Everything was gone. I was aware only of being a conscious being. That's it. And did you have a physical physicality to you or it was just a, you know, I would say I did, but it's not like I, I remember like, you know, I mean they're reaching around. I was aware of reaching around, but I wasn't aware of seeing my hands. So it could just be an oversight possibly if I had something like a some type of regression where I could go back and experience it again, I might pick up more details and that's something I am exploring.

### **13:01**

Anyway, it told me, you know, now you see how the past has dust. And I said, okay. And that was such a subtle truth to my experience. We, you know, I'll come back to that in a second. So, anyway so I just kept reaching through there. Every time I stopped understanding now that I'm able to remove things in my future that are to my spiritual detriment, I reached back in there, folded it, cost it away again, the machine recalibrates and, and I just did that over and over and over again. And I remember one time I kind of jokingly said, what are the gears that feel good? And it said, you're not here to feel good. And a lot of people might go, Oh, it just meant you're here to do work and you've got a limited amount of time.

### **13:50**

You're on a mission. Stay focused. I got it. So I remember one time I did notice a large pile of gears growing and I said, this does this mean I'm going to live shorter? You know, because you're all my futures I'm throwing out. And it said, your number of breaths are already counted. I will worry about your last one. I don't know. It's just so amazing. And one time I said what am I missing here in my lack of understanding? And it said, what is clearly before you grace? No one deserves salvation. It has to be past four. But it comes at the cost of the world that separates us.

### **14:35**

And I said, it's as if this, I said, I feel guilty in a way because it's not like I'm able to make these decisions about what's bad for my spiritual development using some moral compass or a, a mantra or some piece of scripture. I said, I'm using pain. And that's when it said, you know, all choices have unintended consequences and pain can be your guide. And I also realized later on that when you're in that split second, when this has come since through further experiences, when you're really, really present, it's hard to process information linearly. You tend to process it non linearly because that's all about observing patterns versus step a, B, C, and D. And honestly, I came out when, in the middle of the night from meditation and I realized I couldn't think linearly at all. Sometimes I would n't laugh. Sometimes I like to pick up my iPhone and play a little spider solitaire or something just to kind of do something repetitive in my mind. So I'd go back to sleep and I was doing it, but I couldn't even remember what I had just done or anticipated. What I would do next because I was so present and I just thought this is the downside of being president. I see. It'd be like taking an amnesiac to a movie cause you wouldn't remember the last frame you just thought or anticipate the one that's coming so

**15:59**

Well, I'd say that because living here in Maui, I've found that to be very true. People will say, so what did you do last night? And I literally will just stand there with a blank look on my face. And I, it takes me like sometimes I can't even remember. You know, because I'm so present here, I'm so just in the moment and just taking one step at a time. And so I love hearing that because I think again, I think that's an aftereffect of having an outer body, spiritually transformative experiences that you become much more present or you're able to,

**16:30**

It really becomes your standing state. And it's as if you, you, if you're more conscious of having to depart from that, to engage with the world, then you are being in the world and having to work to engage in that. It's very natural. You know, but a couple other things that were important that it said I would really like to say. And and I said one time I said it's as if this place was designed that I could do one thing and one thing only with like very little chance of messing it up. And it said if those with choices make poor use of them, then offering fewer possibilities could be called mercy. I get chills now saying it. I mean those words I remember are the truest words I will ever speak in my entire life. Absolutely. There is no truth, I will never speak more truth than that.

**17:27**

Right, right. Well, can you repeat that again because I think it's so profound and so deep.

**17:32**

Sure. If those with choice does make poor use of them, then offering fewer possibilities could be called mercy. Wow.

**17:41**

So powerful. And I find that in my own life too, at times when I have unlimited options, it just becomes overwhelming then paralyzing. So many times fewer options is mercy because you don't take action when you're allowed to have unlimited,

**18:03**

You almost freeze. Yeah. And the, the other thing is honestly as my time wrapped up there, I remember it said directly to me in these words it said, and I did and I had no idea of what was going on at the time. It's not like I said, Hey, I'm having a near death experience. I had no clue. But it's interesting how the words I'm about to say are almost 100% the percent consistent across everybody else's in the ease in, in one way or another. It said everything is interconnected, it said, and pay attention to your relationships. Be gentle with others as I am gentle with you. And I remember saying, you know, because of the waves and not updating the way the look, I said, what's gentle about all of this? And it literally said, you prayed for something for which being here is an answer. And now the man who fell from the sky is not the same that flew into me.

**18:56**

Oh wow. It's amazing that you have such a recollection of these words. Many endears don't have much memory if, if any of you know what was told to them. So what do you, what would you attribute that to?

**19:10**

You know, it's interesting, I went to a therapist for a little while and it's really hard to find a therapist. I'm sure everybody talks about, I mean you can go on the, you know, different websites to say these are in friendly and that's great, but you know, it depends on where you live too. And I always thought, yeah, this guy thought I was full or something. Like maybe you're hiding behind the midlife crisis with this or something. And when I said what I just shared with you, he actually said, I think what you're doing, it might be a little bit like channeling. He actually acknowledged that and I was so surprised and so touched and actually honored because he was a skeptic and that's okay. That is totally okay. It keeps us honest. Right. But I also noticed that it was when I came out, so when I came out of the coma and this hospital, it literally took me about a week.

**20:01**

I mean, you know, I'm coming out with anesthesia and painkillers and still in physical shock. And honestly, I would say I probably don't have any. I know I don't have any memory from two days before my crash. I had to go back and find an email with a time stamp that I recognized. And that was from two days before. And when I came out of the coma, I would say it was a good solid week before I knew anything. And by then they had already relocated me to a rehabilitation hospital. And, but, but as, as I'm coming to, I'm coming to is as if I had this endless video loop going through my head of the experience I've just described. And with each pass there was more detail or you could say with each pass I was coming more out of my cloud, you know, and it was just this layering thing.

**20:48**

But I realized too, this is actually how I work on problems in essay prompts, like technical problems or it problems. Now I just keep rolling it over and over in my head looking for that clarity. It's kind of like walking around a problem and looking for different ways into it. And again, kind of a nonlinear approach really. And I, I'm the first person I shared it with, I had obviously three shifts, you know, eight hour shifts of nurses. And there was this one young one, she was totally the 18 her name is Jen, I'm calling her out, she was fantastic. And then one day I realized, you know, she's just kinda hanging out here cause we talk about life, the universe and everything and it's cool. And I said, listen, I just have to share something with if you don't mind, it should. Okay. And I've told her about mine in D and right in there she started crying.

**21:37**

I said, why are you crying? She said, I don't want you to die. And I said, why do you see death every day? And she said, I swear, she said, because you're magical. And I said, how do you mean? And she said, well everybody here in the hospital, they have one doctor and they may have 15 minutes of their time of day. You have three to five doctors in here for over an hour.

And I, Snoop, I walked by the door. What are they talking about? And you're just talking about life and all kinds of things, but not about necessarily you're in one of them wants you to be in business and has you own international conference calls with your leg in the air in this cage. And that's when I started to understand and since then have confirmed, you know how a lot of people who have these experiences come back with something a little more enhanced than when they went, like, like PMH Atwater said one time, if you weren't psychic before you will be.

### **22:29**

And if you were, you'll be more. So mine was empathy, that connection with people and sometimes it's been so strong, I just have not been able to go into an entire room. I mean, as if there was a barrier and I just said, can't do it. Can't go in there. And I don't know exactly, I mean I have an idea of what was going on, but I'm not quite sure why I couldn't go in there. But that empathy has continued to express itself. I mean, obviously it creates a fabric upon which you live in the world, you know, in terms of how you consider people, even people who are young like ticking you off. You know, you just still, you start to perceive things from their side as well. All the, you know, everybody says you've changed so fundamentally after one of these experiences.

### **23:17**

And, and my kids have acknowledged that my wife has acknowledged everybody and, and that's okay. Some of the, you know, so anyway, I was in the hospital for a few more weeks and continue to get stronger and a few people came by to see me and it was great. And then it was time to go home and I came home, I, you know, slept on a pullout on the main floor just to kind of get my strength up, but hop up the stairs to the shower and things like that. And it was a little while later, as I continued to start writing my story by M D story, that's when I started to realize the after effects. And we've all heard of those, you know, they're all kinds of after effects, but certainly I can totally verify the craziness with electronic electric devices and electronic devices.

### **24:06**

Solutely I mean within a very short period and we live in a fairly new house. I suddenly had to replace my entire HVAC system and the damper motors in the duct work then, you know, redirect the year and I got the people back out, you know, first of all, I did buy a new HVAC system in the end. I got nowhere to look at the motors and they, and I said, what happened? And they were here the whole day and all they could come up with power surge the same time my microwave blew up. Of course light bulbs. Even now I would give him one time I was warming my car up and I was talking to PMH at water and it right there, I felt the shift in my energy and she said, yeah, we're, we're our energies for connecting. I said, I can feel that and I'm a very down to earth guy.

### **24:53**

You know, it's not like I'm so, yeah. And that was exactly at 4:40 PM. So we came up the call at five, I went to get in my car and there were two clocks in my car. One the radio when the dash, the one on the radio was normal time. And again, my car had already been running. The one in the dash was frozen at four 40. Wow. And I thought, wow, it's on in between time. The other one's on normal time. And that's never happened before. Never happened since. And, and then

when I was about on electronic, I'll, and I'll, I'll end it with this is I'm on my way down to visit PMH at water in Virginia. I was going to see my mom in Charlotte from Connecticut. I was about 20 minutes out and you know, using waze on my phone to direct me to her house.

#### **25:44**

And it says about 20 minutes out, all of a sudden a Facebook messenger pops up on my phone and it's a, a woman who's an NDE friend. And she was texting me saying, I don't know why, but I'm thinking about Jessie. Well it's because I'm about 20 minutes from, you know, visiting PMH and all of a sudden, you know, when people are typing a message to send you with Facebook messenger, you'll see the little dot. Dot. Dots are telling you to wait and see. So while it's doing that, my text field, my hands are on the wheel. I am not in dictation mode with the radio on. All of a sudden my text field filled in by itself and it literally said, thank you for being a kind and loving person. Wow. Someone said, I guess your spirit guys know how to use a thumb.

#### **26:30**

I don't know that I, I mean I almost went off the road cause I had no idea what was about to say and send that I would never be able to recover from if it was crazy. Anyway, the next, and then a couple of weeks later I was put in touch with this, who's Hungarian living in Austria. She was getting ready to do a new research project on IMDs and the next morning I got an email that appeared to be from her with, you know, the timestamp, the date, everything was right. But the body of the email was from a good friend of mine 11 years before telling me where to find people up here in the Northeast who are on our spiritual path. So all I can say is two spiritually inclined emails merged 11 years apart in a folder that didn't exist until the day before. And I've talked to all the Cisco experts and no one can explain how that could have happened. Wow. This becomes, and I told, you know, PNH, which she just laughed, said, yeah, this is just the beginning. So the new normal. Yeah. So talk about sort of being realigned through one of these experiences. These are just some of the ways in which we see it. You know, it's amazing.

#### **27:43**

I asked Jim about premonitions and what that is all about. Just had one of my listeners email me and ask about premonitions and I'm curious if you've had any premonitions before your incident or after I, I had a very, very real premonition about my mother. I didn't know exactly what, but it was, I had been visiting her in Hawaii. She was there for a month and, and I went to visit her. And so on my way out the door, it was almost like I walked through a threshold and, and as soon as I walked forward, it was like, I just had this knowing something was going to happen to her and I would be back. And I just, I couldn't even understand. I mean, it was almost like this thought bomb went off in my head. I couldn't, I didn't know what it meant. I didn't know. I didn't even say anything to her about it. But sure enough, a week later she called and said, Oh, I don't want to leave. Tomorrow's the last day. I love it here so much. And an hour later I got another phone call from my stepdad saying, Oh my God, your mom's had a stroke, please come back. And so sure enough, I went back and she ended up dying. But have you had any premonitions and if so, what do you think that's all about,

#### **28:56**

Right? Yes. I want to lead into that with one thing. Interestingly, if I was recuperating, someone asked me on the day you flew, did you have a bad premonition? And I said, the way I would answer that now is forget premonition. If I had had full knowledge of what was getting ready to happen with, I've had the guts to get into the cockpit anyway because think about it, if God saying I need to bring you over here for a little one on one time for a week, what price is too great to pay and do you think you're really going to escape it? So it's a, I don't know that I can, I still don't do that. I can say sure, but I know what the answer should be. And maybe for now that's enough. In terms of the premonition, it's, I guess so it's like this instinct.

### **29:45**

It was like, is this an instinct of wind to move point away, when to speak, when to not speak. And it might even be enough of a premonition that you'll pause and choose a different word. Cause sometimes it's through nuance. Sometimes it's through inflection, sometimes it's through body language that you're, you're guided in how to best, what's interesting is in a way you think about it, I mean, the function of a premonition is to help you be in the right place at the right time. Or to not be in the wrong place at the wrong time. It's as if, for me, the reality simply becomes that, for example, like you know, you miss your flight and that's the flight you definitely should have missed. Or that you'll, you'll be thinking, Oh, I need to go out and something delayed me. The phone rings and it's the magic phone call.

### **30:29**

Something like that. That's how it seems to appear. For example, another way in which it's a little different is, you know how it's very common in a near death experience for people to have a life review. I did not have a life review and yet my experience with these probabilities of my future, they're obviously a fruit of my past and they sort of got me to the same place that a life review should also give you, you know, a chance to sort of say, okay, I could have done better here. Oh, that was great. You know, to sort of take stock and say, I understand the totality of, of my actions up until now, let me sorta like to say clean up and go better. Well, that's also where I was taken, but with a slightly different way of saying, and I guess you could, you could say, and so for me the premonitions are there as well.

### **31:20**

But the, the thing about the premonitions is, and this is against what I was shown, is that you were always moment by moment standing within a nexus of swirling probabilities all there for us to choose one. And when we do that probability wave collapses into a single particle of reality. And that's called choice. And that's called, you know, now. And so the perimeter, I think having a premonition is having a very good feel of that cloud based up and also based upon the probability coefficient, if you will, that some are more likely to occur than others. And obviously in terms of what's in tune with our love for others and our love for our own life, we may tune in to some that need to be prevented or countered or prepared for versus it just kick catching us blind. So I think a lot of it has to do with being very aware of those swirling probabilities.

### **32:26**

Yeah, I think you're right. And for me, just, you know, reflecting back on that moment, I think it was a preparation for me, so I wasn't stoked totally. Jarred and this, the woman who emailed,

she had a similar premonition that somebody was going to pass and, and did in fact. And so I think it's that skeptic within us about like, did that really happen? Or, you know, why should I, could I have done something differently to prevent it or you know, there's a guilt factor or something about kind of knowing ahead of time. But I also, I, I think, I love what you say because I think when we're shown something like that, it's almost like a tip of the cards, right. In a card game. Like here's just a little heads up about what's going to happen and not that we have to do anything about it other than just you're getting a little glimpse of, of the, the most likely probability because guess what, if nothing had happened to my mom, if nothing had happened to that person, right, she had a premonition, we would completely dismiss it and it would probably not even be in our, in our brain thought any longer.

### **33:27**

It's only because it came true that we're hooked up or, or you know, hooked on that whole idea that, Oh my God, I saw the future. But I think we have these all the time, but unless they are really giant kind of life changing moments, you don't really hook into those feelings.

### **33:46**

I've thought a lot about exactly what you're saying. And I said, you know, it's kinda like a true transformative experience like this. It's sort of like you get to go behind the curtain and see how the strings are getting pulled to make everything happen here because that realm being the latent is what drives this plane, which is the manifest. And you know, like a, a shrug, there can be an earthquake here. It's much more powerful, but it's also more sublime. And I said, you know, it's kind of like the difference between, let's say, people who've been blessed that they may not think so at the time to have one of these experiences versus those who don't. It's kinda like imagine 10 people go to Disney world, right? And, and, and, and five of them, the ones who haven't had the experience are, are wanting to go on every ride.

### **34:36**

And sure enough, you know, five guides will show up and say, we'll take you anywhere you want to go. Off they go. The other five, we've had a transformative experience. They're the ones who sort of go behind the scenes with the wrenches and the hammers. And so think about it like it's a small world. You know, you could have five people on one side seeing all the animatronics and being entertained by it. Yeah. The other five on the other side of the ride, looking at the valves and the leavers and the rods and all that. We're both experiencing the same ride, but from two totally different perspectives. And what we're interested in when we're behind the scenes, how do you make things run better? How do you, you know, what needs oiling, what needs replacing, what needs fixing, how can we keep this so that it's working smoothly and that's the change that comes in essentially walking around from one side to the other.

### **35:31**

Wow. I love that idea. I've, I've, that's just such a great,

### **35:36**

You know, idea of thinking

**35:38**

About the ride from the one side and then what's really going on behind the scenes because that's exactly, I think what's going on in the spiritual world. Consolidate, right? There's all of these amazing opportunities and things that, that, that are being done for us that we're not even aware of on this side. The manifests coming up, Jim talks about his biggest takeaway from his near death experience. Wow. So what would you say your biggest takeaway is from, from your experience?

**36:11**

Ooh well a couple things. Certainly just in terms of whatever, where they want to call it, a gift or a, a tuned up ability or sensitivity people bring back. I would say that that is obviously a big, very big part of your path. That can be the path through which you have your premonitions or your understanding or your interactivity both with this world in the world beyond. In, like I said, for me that's empathy. Empathy to the point that I've, I've actually seen it within people at the holiday party for my wife last year she, you know, she invited our, or to 20, 21 year old children. They said, of course their best behavior is dressing up and all that. Okay, great. When we're there, it is two different times. I didn't recognize our daughter or our young son. They actually looked like different people for a moment.

**37:09**

And then they came. I mean, I knew everybody else. So it's not like, you know, I lost the ability to recognize faces. And I thought about that a little bit. And then a few weeks later my wife was in a local community play and on, she used to be an actress in New York. Soon as she was doing this around here locally, and as she was walking up to the playhouse, he was carrying all her clothes for her different scene changes. And for Moana, I didn't recognize her, but from the two kids time I said, I know that it's gotta be her. I started a very attractive lady.

**37:38**

And then finally she started to kind of phase into somebody I recognized. And I realized later that in all three cases their energy States were heightened. The two kids are going to the mom's big professional party and she leases jets to the people who can afford that. So you can imagine, it's not just, you know, like Joe's truck stop, it's a big deal. And she was going into a play and this was her returning to a love she had from years ago. And all three people were also not being the people they normally are. The two children had to be grownups. My wife had to be another character and they were already becoming that. And I was seeing, so it was like I was seeing the, that mapping Impathics of what their inner worlds were a little bit like right then. And and I, this happened a few more times.

**38:33**

It happened in I too you know, we, one of the speakers there and I asked her, I said, moment, where was your head? And we've kind of explained it together and it was funny, but honestly, the big takeaway for me was that it said, it was, it was a saying, it said, it said, all the force of will you'll ever need is found in the art of letting go. And that brought back to my memory one time

this old saying I'd read about the samurai said that on the field of battle when a samurai draws his sword and throws his scabbard away is because he'll never need it again. On that day. He's free to fight as best. And that's how we should live every moment of our lives. I don't care what it is we do for a living. It has nothing to do with it.

### **39:30**

It's just we should always live with that much passion, that much abandon and just trust that in living right, the right thing will happen. And we usually don't see this until we're, you know, so maybe either down and out and have no choices that were humbled. And in that moment of humility, we're living right. And then, you know, the phone rings or somebody comes by, some magic happens to kind of save our bacon. But I'll, I'll give you one small example. I have a very, well, I had a very stressful job before my crash and I would come home and literally I'd have like a rum and Coke and you know, what if it felt got, I might have to return. And, and I, I didn't start drinking until I was 37 years old. I grew up a total teetotal. But yeah, my wife was getting a little concerned about that.

### **40:18**

I, you know, it's okay, but obviously it's something that probably I'm not an alcoholic, I don't believe. But it was still something that wasn't good. I mean, nothing really good comes out of your mouth when you get drunk. Well, while I was laying there in the hospital recuperating, it's as if God took out of me the representation of alcohol and it was suspended in the air in front of me. He said, what do you want to do about, what do you want to do with this? Do you want to take it with you, meaning into your future or do you want to leave it behind? If you want to take it with you, I will carry it for you. Meaning, I have to consciously be aware that, you know, he's in the room. He said, but if you want to leave it behind, I'll remove all attachment to it. It will have no hold over you and you can just walk away. I said, leave it behind.

### **41:14**

He said, all right. And literally it just disappeared. I haven't had a drink since. Don't ever think about drinking. I can go to a liquor store and buy a bottle of wine from my wife. I could sit there while she has a Martijn. It just is something other people do, but not me. That's what I'm talking about. You. You can absolutely let go of these things. And so when people have asked, well, what is it about that your experience that could possibly benefit anyone else? I've reflected on that a bit more and said, you know, I'm starting to suspect that when we're born, we're born with everything we need to be happy. We don't need anything else. We just don't need junk piling into our lives that prevent us from being happy. And so that fits with my NDE of removing the things in my future that are to my detriment.

### **42:11**

And I think that a big part of adapting that practice safe, you took that visual and brought it into your meditative space. It would be something that again requires being present or it helps be present. It also goes right back to what you are. You and I were saying about premonitions in terms of sort of like feeling all the spider webs that are coming out from you that represent those possibilities. And then whether you're, it's by humbling pain or what, but whether you can actually see it, you start to Intuit better. What, what are these choices works with making me a

better person as I understand it today, that are in tune with my spiritual truths. And if they don't have a conscious exercise of removing them and from that removal, you'll simply forget them. Opportunities exist for people who see them. That's why three people can be in a room and they're all seeing different things going on. So are the only opportunities at the end of the day we want to see are the ones that make us better people and help us assist other people in becoming better as well. And a lot of times that's just getting out of the way.

#### **43:25**

Coming up next, I will pull some cards for Jim. I would love to pull a few cards. Are you open to that? All right, let's see what spirit has to say about all of this. And I love that whole thing about the alcohol because again, I feel like I feel like cellularly I was transformed when I had my out of body experience and when I came back, I mean I literally could not eat the food that I was eating before. I cannot drink the things I was drinking before. I mean I, I have not, I haven't drunk for three years now. I mean, granted, mine was 15 years ago, but I was still very much I mean it took me almost 15 years to really understand what I experienced, you know? And the more that I got in tune with what feels better, it just fell away.

#### **44:11**

Like you said, I don't think about it. I don't care if anybody drinks around me. It's just, it's just nothing. And I was never, you know, I might have one or two glasses an evening. It wasn't like it was ever something that was a part of my life, other than it was just a habit that I was in. And then but wow, when I let it go, I was like, wow, I feel so much better. I never have a hangover or a headache or you know, so it's just amazing when you, when you're in tune and follow what feels good. You know, that's, that's the art of letting go. That's right. That's right. Well, so this is kind of what I'm getting is that this is really about you know, kind of again, the before and after NDEs. And so the first card, which is always the blockage card is radiant.

#### **44:53**

And so I feel like, you know, for many people what happens is when they have an NDE, their radiance can fully shine. Because we've been, so what is the word? I just get kind of like this avalanche of societal pressures and beliefs and, you know, everybody has good intentions of telling us who we are and why we're here and what we should do and shouldn't do. And we lose our radiance of who we truly are. But when we go onto that other side, we're, we're bathed in it. We're, we're, we are our true radiance. And so then when we come back, we're able to you know, really feel that.

#### **45:31**

That's great. That's spot on.

#### **45:33**

And then so the action card is gratitude. And once again, I think, I always say gratitude is the rocket fuel of manifestation. And so, so again, those of us that have had these experiences, and even those of us that haven't, those that are listening, that haven't, it's all about gratitude for your life and what's working and end even when things aren't going right. Just saying, wow, I, this isn't what I want in my life right now, but I'm grateful to have it. Show me what, you know,

the contrast. So I know what I want. You know,

**46:05**

It's beautiful. And actually today while I was driving and thinking about our time today the gratitude card came up in my mind and I, and for me that is especially meaningful because gratitude comes from a humble heart. And we should always, always even though there, there comes a time in our integration of our experience to our life and we just don't seem to fit in anymore and we're taking some bruises, sometimes the ego defends itself by saying, well, I've been chosen. Well, yes you have, but don't get, you know, don't get too big for your britches. And I think it's very important to say sometimes it can be a solitary path. It doesn't always have to be lonely, but it does make you feel humble. And that is the attitude. And that is the spirit to always embrace our accelerated path we've been put on.

**47:00**

That's right. Well, which I, and I love what you just said because the outcome card is sanctuary, which is really going within. And like you said, it's, it's not a lonely path, but it can very much be a solitary path once you've had these experiences because you know, you have everything that you need and you don't need anyone else or any other people's thoughts or opinions of what's going on because you're tapped in, tuned on and know that like you said, when born, we have everything we need and want. And so just it's a matter of when you've had these experiences, just that remembering, you know, re remembering that, that, that we have everything we need.

**47:41**

It's great, isn't it?

**47:42**

It is so exciting. Yeah. Right. Is there any final you know, either story or anything that's coming to mind that you want to share with the listeners about?

**47:53**

That's another saying that came to me a while back and I wrote it down. It said it, it went with that, about the art of letting go. And it said for, for no one, no one, it said, always lived life in celebration of the individual spirit for no one and no thing can stand before the brilliance of a truly naked soul. Oh my God.

**48:16**

Amazing. Well thank you Jim so much. Is there a way people can get ahold of you if they'd like to continue this conversation?

**48:23**

Sure. And thank you again Lisa. My email address is just my name, it's jim@jimbruton.com and that Bruton is B, R, U, T, O, N. And my my actual NDE experience is at my website and it's www.in between productions and that's with an s.com in between productions.com and you can read my account there and there's also a contact page if the press contact pops up. And you can just share a thought with me and hit send and I'll have your email address and I can reach

back to you if you want. Happy to correspond with anybody about anything and, and that's about it.

**49:11**

Fantastic. Well, what a joy to talk with you and I so appreciate your time and I, I just love that you, you know who you are and what you're doing in this world and, and thank you.

**49:22**

Thank you Lisa. And likewise, you're doing great work there. Thank you.

**49:25**

Thank you so much and be sure and stay tuned as I'm going to be pulling some cards for you.

**49:34**

Another amazing interview with another near death experience. Sir, I never get tired of hearing people's stories. Let me pull some cards about premonitions because as I said, I specifically had a listener write in and ask about what are premonitions and why do we have them and why do some people have them and most people don't. So let's see what spirit has to say about that. Okay. So the first card, which is the blockage card, is miracles. And so what I'm getting is that most people don't get premonitions because they don't believe it. They're skeptical. They really think that anything that they hear from the other side or you know, anything that is supernatural is just not to be believed or it's not of any consequence. So that's really the main reason why most people don't have premonitions. And that's what's coming through as far as as far as what spirit is saying as far as the action steps, it's about simplicity and really allowing messages to come to you.

**50:37**

Again, we are so over saturated with so many inputs coming into us during each and every day that most of the information that's coming from the spirit world gets drowned out by all the electronics and screen time and the the whole three-dimensional information that is infiltrating our systems here on this earth plane. So therefore any premonition or any kind of higher consciousness activity that might be coming through, it's much more difficult to come through for people that aren't more highly attuned to that and then the outcome is to believe, again, you might get a premonition but you don't want to believe it or you are skeptical or you think that you know that can't be true. And so that's part of it as well is that when you do get a premonition to believe that what you received is accurate and act accordingly. I think back to my experience of getting the information about my mom and you know, I really do wish that I had said something to her because maybe we could have had a few more conversations or just, just really even a conversation about the fact that wow, something might be happening because you know, in retrospect I never said anything to her or to anybody and I regret that.

**51:57**

So I guess my suggestion is if you do get a premonition about somebody, I would, if it feels right to you, say something to them or, you know, talk about it. Again, I believe that there is no death that we continue on, that the, our souls continue forward. So it's not really like there is a death of the, the soul or the spirit of the person, but obviously their physical body might be moving on

and so it's going to be a different experience once they do. So if you have a premonition that someone's going to die like I did, or like my listener did, you know, Hey, what's there to lose to talk about it? It's diving deep into those scary areas and you know, taking them to the next level and seeing what unfolds and what N happens. Seeing what happens when you discuss those really scary moments because I've heard it over and over that whenever you fear something, that's exactly what you're supposed to do next.

### **52:53**

So I challenge you to give it a try and see what happens. Okay. Let's see. Oh yeah, I was going to do a little reading from the beings of love and light, so let me bring them in. Yes, thank you, and welcome for having us here today. We so appreciate you listening into our frequency and allowing us to bring through the messages from the beyond and bring them directly to you for not only healing and hope and understanding in your life, but also to bring to energetics and the frequencies of healing and love from the other side. That is the greatest gift that we can offer. You are these frequencies that you receive by purely listening to this voice that we come through. It allows you to go to the depths of your cellular structure and be able to reignite and help to open up your connection to the other side.

### **53:53**

As we are talking, your body is actually going through a remembering of where you have come from and it allows you to have more and more clarity within your physical being as to how to connect with the other side. If this is something that you are interested in, it's purely a matter of taking the time to clear out some of the activity that is going on on a day to day basis and allow for yourself to find that time of stillness and silence so that you can clear out the stagnant energy that is within you and you can start receiving these messages from the other side. As Jim mentioned in the interview today. When a person has a near death experience, many times it clears out old stagnant energy that is within the physical body and then when the soul returns to that physical body there is new spaciousness and a vast expansion within that physical body so that new information can be received from this world beyond your current world.

### **54:56**

So if you are interested in connecting with information from the other side, our best advice is for you to become still and quiet and allow yourself to connect with the energetics from beyond. This is a skill that can be learned over time. It is not something that you can necessarily do right away, especially if you have not been attuned to this connection in the past. But it is certainly something that can be practiced with time and ultimately you will receive great benefit by being able to connect to the energies from beyond this realm. We send you love and blessings and once you know that you are loved beyond any experience that you think is possible here on this earth plane, that the love that is beyond this world is so much greater and can be felt at such a depth to your soul that you will be excited when the time comes for you to return home to this never ending love with blessings of love and light.

### **56:01**

Okay? I hope you enjoyed that short and sweet channeling session from the beings of love and light and their description on how to connect with them. I think that was a very sweet and

sincere message that they would love for you to spend time doing that and again allowing yourself to be open to connecting to them as they are always there for you. You are never alone. If you've enjoyed this podcast, by all means, please share this with your friends and family. Share it on Facebook, share it on Twitter and Instagram, wherever you might see the social media that I put out about this program. That would be great. And if you are interested in being interviewed or if you know someone I should interview, by all means, send me an email to my address, which is [lisa@exploringdeath.com](mailto:lisa@exploringdeath.com) and I always try to answer every email I get, even though I have many, many emails coming in. I do my best to get back to you as soon as possible, so have a wonderful rest of your day. And until next time, Aloha!

**57:12**

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*Lisa Jones*