



Near-Death stories of Enlightenment and Tragedy

with Brother Ed Salisbury - Episode 113

00:01

In today's interview I talked with Brother Ed Salisbury and wow, what a conversation we have. He talks about his two near death experiences. He actually had a third one which we didn't even get to. And also he talks about losing his first wife and it's just a fascinating conversation. I'm so excited for you to be able to listen in and just listen to the insights that he gains from having these out of body experiences and who he meets, including Jesus and God and actually coming into contact with his first wife on the second near death experience that he had. It truly is one of the more fascinating detail oriented near death experiences that I've been able to have a conversation with. So I'm thrilled that you're able to listen to it. And I was trying to remember how brother ed and I got together and I think it was through the near death experience Facebook group, which is actually run by Ned mutt Nia.

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And I interviewed him. He was the 50th interview I did on exploring death. So you might want to listen to that too because Ned is an amazing man who thought it would be fun just to put together a group on Facebook about near death experiences and I think he has over 30,000 members in that group, so be sure to check it out if you are not a member already. As always, if you have not subscribed, please do so and I'll see you can leave a review. It helps other people find the exploring death podcast and if you ever have any questions, comments, or just want to tell me how much you love the show, by all means I would love to hear from you. You can send me an email to lisa@exploringdeath.com so enjoy the show.

01:51

Hello.

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Welcome to the exploring death podcast on Lisa Jones, your host. Today I have with me brother Ed Salisbury. Brother ed has been described as an elder gentleman of compassion and wisdom with many mystical, spiritual and near death stories of enlightenment and tragedy. He is

described as a small town coastal Texas country white boy who has known life and death in many ways. His life's mission is to enhance how we experience death and dying in our communities globally. Having died from a car wreck, a drowning and a surgical accident, as well as losing his first wife to a drowning and a daughter to suicide, ed has devoted much of his life to serving the dying and their families with careers from corporate golden computer boy to nursing home orderly to yoga coach, hospice minister and Texas funeral director, brother ed continues to serve when called welcome brother ed.

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No, I'm a stay numb and howdy.

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Wow. What an introduction. You've seen the

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Gamut of death in your life, not only for yourself but also with your loved ones. So where would you like to start in our conversation

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To get to the heart of the matter? We don't die as much as we have. This understanding, which I've been a soul, is a misunderstanding. What we think of is dying and death is simply changing to a new chapter in our experience of expressing the source and the essence of who we are. And to that end, I never started out in this world to become an expert on anything other than you know, riding motorcycles and collecting snakes in the wilderness. However, as spirit would allow, I have been gifted and challenged with the opportunity to experience my own and other people's death and how to bring a message to the communities we serve. That it's not anything to be feared nor pursued, but to be revered and respected so that it can be embraced and experienced in the most Holy way.

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Wow. That's beautifully said because I, I agree. I feel like our society has really put deaths kind of behind closed doors by creating this institution around it and, and kind of taking when people have died and putting them behind closed doors or into a mortuary or you know, the back, the back hallways of hospitals and not allowing us to really be in that beautiful moment of transition, which I've witnessed not only with my husband and my, my parents, but now as a hospice volunteer. Those last 24 hours when I sit vigil are probably the most Holy experiences. While they are the most Holy experiences I've had, I'm short of again giving birth to my two children, which again, to me, it's a birth into a new dimension. It's not an end. It's a beginning, not only for us who lose the loved ones, it's a beginning without them on this earth, but it's the beginning for them and they're in their transition.

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That's beautifully expressed. Lisa and I concur wholeheartedly for your audience. I'll give them a quick insight of how I had been, like I said, you know growing up in small coastal Texas, being an altar boy and the boy Scouts and then off in the military, finishing college in the industry, having a an experience to thinking I had outgrown the church that I had grown up in and I had

become more worldly and I didn't need that limited perspective. Then I crashed my car into a tree and the essence of that experience, and I'll, I'll try to make it briefly, but there I am thinking I'm God's gift to women driving my Firebird convertible around Atlanta, Georgia. When I was going home from football late at night, I totaled my car into a tree. When that happened, bam, it was like a swinging door and hit me from behind and when I caught my senses I was walking around like what happened?

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And I was looking down as if from a second story building that this car crashed into a tree, smoke and flames coming up in a body slumped over the steering wheel. I looked down at that and I said, wow, dang, that's, that looks like my car. And as I stopped and watched people rushing up to it, I said, that's my body. If that is my body, then who am I? No sooner had I pushed and grasped that and asked that question. Then I found myself sucked up like a piece of Dust or vacuum hose, so to speak, cascading through the stars that I had studied and navigated by was I was in the Navy and I find myself into this wonderful euphoric, bright white light. The best way I can describe the experiences, the time when I was freezing cold out, Nicole bitter rain until I finally got home and sat into a nice hot bath.

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Imagine that for a minute. This feels that, ah, and there I am looking into this bright white light wondering where am I? And pretty soon the image opened up as if when I walked into the library of Congress, which is many, many stories. If you can imagine walking into a big super dome and you walk into this dome and there's dim lights, but an old oil you have to do is look at one particular section and the lights were bright enough. And then it was thoughts about questioning my life and my reality. By this time I'd already been in the military and then I had already a Gutmann degree in logic and physics. And as a Virgo I was very much analytical about everything and I would ask questions and like where am I in? The answer was clearly informed. Why was I born into this family?

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What did Jesus mean here? Everything, my relationships, my struggles, everything I questioned about the world and how it worked. It was clearly answered simply by posing the question and the answer came up. It was like, you know, a Google search engine decades before we ever had that technology, but every question I had about the reality of my experience and the purpose of my being was answered, and this is something many near death experiences have shared with me as well. We all struggle to find ways to describe this, but it's a marvelous gift. When we reached that point, after I had saturated myself with all the answers I wanted, then I was like, well, what next? And then an image started to coalesce in front of me if you'd like Star Trek and the transporter rooms. It was just fumble coming together and they're standing in front of this dancing figure, the master Jesus that I had prayed to as an off the boy growing up with his arms out and I thought I'd see him on the cross.

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No, he had him up dancing and he turned in a recognition, reach up to me. You're here, I'm always with you. And it was like, I can't believe this. It's true. And the love that he showered out

of his face and his smile was greater than anything on earth I've experienced. But if you ever felt the love of your newborn child or you can recall being loved by anyone and that gaze and I, and this time in my life, I have great joys. My grandchildren pop off and it's like, yes, I was loved and greeted by the master that I'd always wanted to see. And after finding that place of connectedness, knowing this, he pointed over with his left hand and says, he's waiting. And I know he wanted me to look where it was pointed, but it was like, I don't want to look away.

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And from this grace, it was a loving command. So I turned and I looked and no one, behold as I'm looking up, there's this failure setting on a throne and a grandfather come on father like father God himself, God beyond anything I could conceive, but an image of best thing I've found is Moses in the 10 commandments movie, if you will. There was this loving God, father Grand grandfather, God saying, come and he padded his leg, the thigh and he says, first time in all of this experience, it was like I became self-conscious up to that time. It was like my focus was so captivated is if you're focused, when you start to trip and you're paying attention. When I was going down a highway you know, at 60 miles an hour I'm adjusting the radio, your station thinking, where am I going to go next to not the front tire blowout.

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All my attention came to right here and now here I am being invited by God to sit in his lap and I start, you not me, you want me like a child when grass Santa close is your term. And no sooner did I pause and back away. Then bam, I was teleported into his lap and I'm setting in his lap with his arm wrapped around my shoulder and my back and love went out of his ally asking, do you know how much you love? And of course I'm still processing weight. I was taught then you're, you're judging and Invictus, you know you love me unconditionally. And the nod was in my, I can't believe I'm here. You're always in his home. His words to me, you're always here. I'm always with you. If you can only remember, and it took me, I can't tell you how many processes of coming to grips with.

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I am always lovingly in his left fallacies. Okay off. Now I know what he wanted me to look down, but I didn't want to look away. I was afraid he would be superior if I looked away. I looked down at his feet and letting out at his feet was you ever had an old photo album when you picked it up and all the pictures fell out on the floor there at his feet? Were all these pictures, memories of my life. I looked down and no sooner did I focused on something. That's the whole experience that came back to me. You may remember picking up a picture and recalling what it was like, especially if it was one of those classic moments in your life. So I look at this picture and there I am, a little boy growing up in Panama canal zone, peeling Coke bottles from the neighbor's garage so I could sell them to go to the movie. I not only saw that I read live, I was back there, I could smell the mustiness in the garage. I heard declining bottles. I relived the running down the alley, checking back and getting Disney in. And the thing that myself, thank God nobody's shown. And then it was well, Oh

15:04

And it was just, Oh my more am I in trouble now? And I looked into his eyes and he looked back

with a loving smile and I said, no, no. I was a boy that was so bad. Kind of nodded. And this is, well, it's neither bad nor good or good in the greater scheme of things. It's the lessons

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One of the biggest takeaways that brother ed heard from God was that we have consequences for everything that you think, say and do. So that's a good thing to remember.

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Are you throat? And I took a move. I can't tell you the time stand still in these experiences, but I am I through. But, but this was bad. I still love you. Are you through? And I, I love the word grok to finally grok that message, to embrace it and make it my own saying, Oh, okay. More events than another highlight was in the fifth grade. I was a fat asthmatic kid wanting to be one of the in crabs with the football bullies. And the girl who sat in front of me spoke with a list. And so I would make sure the guys were watching me and I'd lean over and speak into her back lit. You have indexicals with speaking a little girl. And no sooner did I remember my actions. I felt how I made her feel. I experienced not only those consequences, I witnessed her go home and torturing her cat out of frustration for her condition.

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And man, I felt so bad, so guilty, so ashamed about my God. That was terrible. And the response was, again, this Noddings file, there are consequences for everything we think and say and do in the greater sense. It's a lesson for learning. Are you through everything that I was ashamed though. Like okay. In high school at the beach there was a girl drowning and I was a boy scout. So I went out and I brought her back in and did CPR right there in the sand. I've relieved her coughing and spinning up in row water and mucus in my face and finding it off and her setting up. People pay me on the back. I've recalled walking down the beach looking into the sun thinking I should get a merit badge cause they, if I wasn't playing hooky

18:08

Turn to God. That was a good one, wasn't it? And the response was, again, this loving, except there are consequences for everything you think and say and do. My son, you were loved unconditionally. Are you through? So I went on and on Lisa, all the way down to the fact that, you know, the the day before I really lived submitting an expense account where I had embellished my time because I was working 60 hours a week and only getting 40 hours a week pay. I deserve more. And, and every time I would relive this, I turned to God with this. That was bad. There are consequences. Well that's, or you will always enjoy your suffer the outcomes. Are you through? Well, by this time it was like through well as no way I want to leave here. I'm, I'm good with this gun. And I had one last thought. I let mama know I'm good. I'm happy for her not to worry about me. And in my experience, I reached down to close that book thinking I was done with that only just come two weeks, come to two weeks later out of a coma with my mother at the foot of the bed.

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Wow. So do you not remember? So when you close the book, that was the end of your memory

of that moment.

19:42

That was the end of that near death experience and essence is elements of it will become clearer as I, I guess as I become more grounded, centered and cleared in my own way.

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Fascinating. My goodness, I've heard that. I've heard stories of people where they actually feel the consequences of what they've done to somebody you know, and it's just, it's so painful to, to witness that. Based on what I've heard, and thank you for sharing that because I think that's a really, that's something people need to think about when they're acting the way they do toward others that whatever they think do or say have consequences and most likely you will have an opportunity to relive that and to feel what that person was going through when you maybe did something not so nice.

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We are all interconnected at our essence. We are energy manifesting is a form to play out. A consequence if you would have maybe a previous life or an opportunity in this life to experience and express great wisdom. The highest for me is service to others. I look forward to sharing with other people examples, I think a movie we had called the matrix. Yes. Another one called the avatar com from I think a perspective and unaware of the nature of who we are beyond what we see in the mirror and what we feel when we reach out and to physical forms that we currently and habits absolutely.

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Stay tuned. As ed talks about his second near death experience. So that was just your first near death experience. Did you have similar experiences of out of body and connection with Jesus and God and the other two or

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There were different and, and before I'd go to that one it wasn't long after that that I was on the way to make, to propose to a woman I'd been dating in Atlanta. And so I did marry Gloria. Gloria and I went back letting them back to Austin, Texas to grad school. And then I got a job selling network services in Houston, Texas to the oil and gas industry. So I was number one sales for general electric information systems, pedaling. What became the internet, the 70s you find that, and I was a nerd who had a little look like a typewriter, portable. When you put a phone hook in it and log on over a carrier town and and interact. I was riding high in the world Moria and I had been following studies with Edgar Casey and other organizations studying second car and finally getting initiated into a mystic meditation teachings.

23:00

People want to hear more. Go to S O S. Dot org and there's this Hindu teacher who explains a lot of the following. I was in mammary with my successes in technological capabilities. When Gloria came into that realm, I had a dedicated Rome with my computers because of our practice, my presentations in our log on all over the world to build up data, then go in and make

sales to president of oil and gas or NASA organization, ms face people. I became the number one sales person in the country that she came into the room and says, do you know any idea what time is? And Oh, just a minute. And I clicked out. Oh my goodness, it's three in the morning. You said three o'clock where, Oh, I clicked some more. Oh, it's three o'clock in Hawaiian. And I remember looking at her and she says, at least a golf widow can count on her husband coming home when the sun goes down is, or those machines get out of this house or I'm leaving.

24:10

That's when I recognized I had let technology become my addiction. And so I had to leave machines at home at work. And then she says, you promise to take me sailing labor day. And here it is almost Halloween. So I borrowed my sister's day sailor and we went to say course Christi Bay, which is one of the nice veins on the coaster section. And on the way back, he was late in the evening, we took turns made Gloria and our Labrador dog riding good wind back to our campsite when I was lying down watching the stars and cracking a satellite goes through the sky and she was on the teller and the jibe, if you know when the wind comes across the back and grabs the phone boom. And the more rapidly she got hit in the head and knocked overboard. I screamed when I let go and got up to gasp there.

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All I could do was F you got and I screamed and I cried and found my gun shore. That time the police should come out for rescue. I don't even remember what happened and how we ended up doing a funeral for her because we're in the days when that happened. After she was gone, I lost interest in being the best of anything and decided to go visit my cousins in California suffering still from consequences from this original auto wreck. And by this time I'd had five more major surgeries in your original auto wreck. Skull was cracked, broke my chance steering wheel through the chest and ruptured. And I was literally a lifeless bloody bag of broken bones delivered to Grady Memorial hospital in Atlanta and given to a re intern as an exercise to see if he could do anything with this lifeless body. Obviously they found enough vital signs to bring me back and I, I give praise to modern medicine, bring us through critical situations.

26:41

After Gloria died, I went, what am I going to go, what I want to do. And I ended up visiting my cousins in California having a great big party and all of the friends were saying, Hey cousin ladies come to town. No come. There's a two-day festival. And they had a nice home in Tiburon. It's a little town on the Northern shores of San Francisco. I actually got engaged in Tiburon, back patio, go down a little bit and then the swimming pool and Dom a little bit more so I could sit on the patio, look over the Bay San Francisco. Well after a day of, you know, coming and going and finally it was getting dark and all the party was going on and I was wary of it. So I decided to just go back after the pool still in which women climbed up on the ladder and the sledge back to the pole, cause I'm all alone now.

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Back there. I'm back inside, I'm going to go down facing the sky like a header. But I repeated to myself and all [inaudible] see that I had learned as I was at the Naval Academy and we had a

ceremony to teach them. So I made these words and as I picked up my feet, starting to slide down the slide, the thought came to me about this. The walls are still there. I turned my head just to verify that. And as it came off the slide, I hit like so and that's nothing. My neck, I thank the bottom of the pool. Goodness. I know I'm there again, looking at my body at the bottom of the pool. Slowly, steadily, I start off and then I can see over the roof and the cars in the front. I'm starting to draw away in the way. Then I can see the whole Bay. I love the movie out on a limb where it shows the star leaving the Houston and continuing the curvature of the earth.

29:09

Going into this little night, Lisa. I backed my way off the earth until I could see the whole, not the Aurora Borealis, but I could see the first is the heart of the Anne Jamila form of mother earth. And I kept going back and forth and telling. It was like, Oh. And then there I turned and I'm in the lines again. This time, this first figure that comes to me is my grandfather. My dad's dad was looking, is young, robust as [inaudible] come to visit us and Houston, Texas. When I was in the fourth grade. There he is getting off the train then, but now he's in heaven and I run up to him and he has hugged me. Then he hauls me back and he says, no, I want you to give your father a message. Whoa, okay. I don't want you to tell him, quit taking life so seriously. Well, you can imagine in a calm, loving commandment and someone so dear to you is dear to me is my grandson. Okay grandpa, I promise I'll do it. This is okay. And the terms, this is no, no. And so I turned, and here I am again in this white heaven, only life.

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Robin Williams did a movie, what dreams may come and the illustrations of him in, well, heaven, hell, looking for his lost life. All of these beautiful, vibrant life essences. And I was in this garden of awesome delight and a figure started to coalesce in front of me again. This time there was just Gloria there. She was standing before me as radiantly beautiful today they should marry me. And she was there and I ran toward her. Oh darling, I'm so sorry I failed you. It was wrong. I should've been the one to die. I'm so, so sorry. She hugged and I wailed and then grief and the guilt and the anger all kept coming up. And if you've ever held a child in a tantrum, it was [inaudible] did that kind of experience for me about I have walked you eyed and she held me and let me process it out.

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And she held on to me and all right. And she says, that's right, I am where I'm meant to be. It's time for you to set me free. But, but you don't understand how that hurts, how bad it wasn't right and it should have been and she would stay back and loving mother holding me until I finally maybe exhausted myself with grief and reason, unreasonable reasoning. Finally she says, okay. I said, you write her words again, ring in my heart. Then it's like chisel 10 commend Mrs. Stone. Your grief and your guilt and your anger. Shame holds me back as much as it does. You've set us both free. No, it is what it was meant to be. You are forgiven. I am always where I'm meant to be and happy and free. You're right. I get it. No sooner did I say that. Lisa, she puts her arm around me, turns me around and points down at this body as the bottom of the pool looks me in the eyes and says, is that any way to leave your family? And I look down at that. I look into her eyes and I asked him, dang it, I hate it when you're right.

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Some force pushed me up on the edge of the pool as I rolled over coughing up blood and water and my kindness and calling my name out down, looking for me, picks me up. And the days walked me back into the house and maybe laid down and passed out until the next day. I would have never come up with that in a hundred years. But somehow it was, as much as it was a painful experience, it's also a gift. It was. And the power. And what I love about what you do here is to how nodding not only examines or explore, but I say embrace death. Death is our constant companion. The most universal experience in kind can have a degree. If we embrace it, then we respect and honor it and work to serve others so that as we give, we too will receive one of the outcomes of my life and this path.

35:12

Because I went from being a nerd to becoming a yoga teacher and humane, my own buddy. And then met the ions community in Seattle, the, a study in India and came home when my teachers digress from, from them, here I am, I'd finally got to visit the in India after seven years of petition, then I'll come visit. Well, well except for Weston. The only requirement is you have returned tickets. You may come, I'm going to tell you, but you must have a ticket home and go. When we say go, definitely a while being with him, I finally got to sit down with this master and teacher and I asked, this was my experience and I described the near death about my drowning and coming back. And after telling him about that, I asked him, well, what do you think? And he stops. Well brother, I do that every night. Isn't our master Jesus say die daily. And that's the power that has been the source and an enjoyment for my searching for the higher form of meditation. And then searching, you know, I've been to the hop, the yoga was Vishnudevananda and the Sivananda teaching. I've worked with Yogi Bhajan and a bunch of EQ and car and like I said, Casey's AR

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Coming up. Brother ed talks about one of the new experiences he's been playing with and that's called two-way prayer.

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The wisdom of God will come to us and we seek stillness within ourselves and follow the guidance to come. My most recent excitement is a thing called two way prayer.

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Oh, tell us two way, prayer,

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Two way prayer, practicing two way prayer. This is out of mine who is in my 12 step recovery program, men's group that as we're ready to find some truth with them, we might, before we sit to meditate or before we shift to go to sleep, write down as if you were writing to God in person where your higher power or your guardian angel, I am concerned about what are my, whatever it is, write it down and put it down with a pencil next to your bed where your up [inaudible] wherever you say. And then go into sleep or medicine. When you come out of that, pick up that pen and flow and just don't edit. Don't worry. Let everything come through. Is it something from

within is speaking, saying, well my dear son, like your friends in regard or whatever. That is how I find a greater insight into the gift of this. The source of beans.

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That's beautiful. I, yeah, I, I stumbled upon, I call it automatic handwriting after my husband was diagnosed with cancer and I just was able to write down on a piece of paper, you know, I would say, dear angels, what would you like me to know? And then just open myself. And it was amazing what came through. I felt so much love and guidance and support and it took me a while to discern that what was coming through was somebody other than me. But it's so powerful. So I'm excited that you're doing this as well.

39:12

And now I'm excited to recognize I'm not alone. It's we, we are too. And for those of you who are watching this, please find time on a daily basis to be still, how do we turn into the inner wisdom as I've been called active in the near death experience community and the spiritual seeking community in the recovery community. Because there was a time after I'd lost a business in Seattle and lived in my mother-in-law's garage in San Diego and then I went off the deep end was a homeless drunk. And so I've, I've had the trances on the back alley gutters of life as well as the tellers and alteration of heaven come to recognize is finding stillness within, we can recognize that we are in the lap of God.

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Yes. Beautiful.

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An analogy and I'd like your input in how this might sound. A year there is a, a free audio called the audible stream music of the spheres. An inner radiating light that comes in that when we are totally still between thoughts, meditation is not what I think feels itself between my thinking. Listening to that tone. A lot of near death experiences talk about, Oh, I hear it. My wife is a chiropractor and the near death experience or as well, so it's of a fashion to hear this ringing radiance with them and thought it was tinnitus. And after three major surgeries, she was deaf but was still there. To me it's the carrier tone, the spirit

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[Inaudible] yes.

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You know what it's like when you hear a fax tone

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Tone and I'm when to put it down on the machine, comes out with images. Well that there is an analogy just as you hear the carrier tone, bringing images, manifesting form. Now we have three D printers. Well, our consciousness is the three D manifestor and that carrier tongue called spirit.

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That's beautiful. Next I pull some cards for brother ed. I'd like to pull some cards about that. Connection. If you're open to that.

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I w I, I've watched that. I loved it. And you do a beautiful job with us.

42:00

Oh, well thank you brother ed. So yeah, this is specifically about the idea of connecting in that inner, that inner between place. And the first card is always the blockage card. And I love it. It's gratitude, but, and what I'm getting about that is because nobody really talks about this inner frequency or this InBetween frequency. And so the guides are just saying they're so grateful that you're bringing it up because most people don't know to be grateful for that in between space. Do you understand

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More? Cause I like,

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Yes. Well what again, because it's the blockage card, what they're saying is people don't even realize to be grateful for that in between space and to even look for it because they're unaware of it and they're grateful that you're bringing it up so that people can resonate with it. So they're beautiful, and then the action cards are abundant. And again, what I'm getting is that it's just, it's there all the time. It's there for us to flow with it, to be able to you know, be one with it. My whole body is just tingling with excitement and, and the, that's always my, my God, yes. Is when I, my whole, my spine tingles and you know, it's just a real positive experience. And then the outcome card, which I love as well, is focus. And so that's when you're able to connect into that, in between that carrier tone that you talk of, that you speak of, which I've, I've been able to, and at times there were these amazing moments.

43:37

It, I mean it went on for quite a while after my out of body experience where I literally thought I could hear the angels singing in that like I'd be in my car without the radio on and just hear this beautiful and angelic choir singing. And then I would find myself humming the tune with them. And I literally thought I was going crazy. But I love, I love that you've mentioned this because I think that's what was happening is I was really tuning into that in between space or that, that field, which most people just don't really get to. Again, because of our busy crazy schedules and, and all the frequency that's happening around us. You know, all these cell phone waves and, and internet waves and all those other things that are sometimes difficult for these beautiful celestial waves to, to connect with. So thank you for bringing that up.

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I want to share with me one the three D gratitude.

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Okay. Inhaling and more. Oh, that was a great brother. Ed. Thank you so much. So is there any final words you'd like to share or you know, anything that's fear it's guiding you to share with the listeners right now before we wrap up our beautiful conversation, I've just so grateful for your amazing testimony for what you've been through.

45:26

Hey calling that could be very fulfilled is a known movement happening in the world called death doula. I came from leaving India, being told to serve others, not myself, and became an orderly in a nursing home for a year. Then I had a hospice agency and I, I've done a lot of private duty and I've been called on to assist people in end of life and crossing care. And I'm just retired again from seven, five years as the funeral director, the IBM of death care out of Houston, Texas. And what's happening in our world today, there's more and more people are being called to serve those who are transitioning, embracing, enhancing, encountering death. And if they want them, my favorite song in the graveyard.

46:22

What is it? Dancing in the graveyard.

46:26

Adela, Google it and watch it because you know, I've conducted over or participated in open 300 Cheryl's in the past few years. And that amazed me if what predominates is there's laughter and hugging as a minister. I was always called graveside to help people release, release their grief. But as a funeral director, I've got the watch house. After you release the grief, then comes the joy.

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That's, I love that. That is so much. And I, and I love the, I took a death doula training two years ago here on Maui. My dear friend has a death store here. His name is Bodhi B.

47:11

Then following course I've been invited to participate with the group and the Anna Corcoran, I don't know. Yes,

47:21

She's a, yeah, she's a wonderful woman. I would love to get her on this show as well. Well wonderful. That's so great. Well, thank you so much ed. This has been such a delight speaking with you and I just want to congratulate you for all of the beautiful work that you've done and how you're spreading the word of, you know, helping make death more more open and Nora, you know, a death positive culture is what I think you're helping create. That's right. That's right. Well, wonderful. Have a wonderful day. And for those of you still listening, please stay tuned as I will be pulling some cards for you.

48:03

I so love talking to people who have had near death experiences and brother EDS was just

absolutely fascinating. It's so detailed and really affirmed so many other people's stories that I've heard. So it was, it was kind of an all encompassing story. And like I said, we only got to two of the three. He had another near death experience, which maybe I'll have to have him come back and talk to us about that at some point. Let me pull some cards. I think I'd like to just see what spirit has to say about so many people that haven't had a near death experience. It's like they're, you know, I, I heard somebody say, well how do you do it? Like how do you put yourself into that? Or they want to have it. So, you know, to me, you don't have to have a near death experience to have the clarity that brother ed and other people that have had near death experiences have.

48:50

So let's see what spirit says about how you can have clarity in your life without having to go through all the trauma and drama of actually having a near death experience. So the first thing is the blockage card. And that is delightful. And I think of course it's the blockage card because it's not fun to have the near death experience. So many people talk about, you know, how wonderful it is to have one and their excitement about, you know, being able to have had experienced one but very rarely do they talk about the physical aspects of having to come back and learn how to walk or go through surgeries. Brother ed mentioned it briefly that he had multiple, multiple surgeries after his near death experience and in fact I think that was how he experienced his third out of body experience was in, in a medical situation.

49:41

So yeah, there's no delight in having a near death experience. So that's what they want you to know. The second card, which is the action card, is flow. And what the guides are telling me is instead of wanting and hoping for a near death experience or even out of body or mystical experience, just be in the flow of life. Just be fully present, be here now basically, you know, from Doss saying and, and stop trying to have an experience and just let it unfold. Let yourself be in the flow. Because when you're trying to do something, you are not in the flow. You're actually in resistance to it happening. So it's very key to be in the flow. And then the outcome card is silence. And so what I'm getting with that is it's, it's almost like stop talking about it and just let it be.

50:30

Let yourself fall into this connection through spirit in silence. That's where it happens. And you know, the more that you can find stillness in your life, the more time you can find for meditation, the more time that you can practice. The two way prayer that brother ed spoke about or the automatic handwriting that I talk about that you can really connect in with spirit with these energy waves from the other side. And that's how you can start really finding that divine clear direction that is available to you. So I hope this helps you. Again, if you have any questions or want to ask questions you know, concerns or, or want more information, please reach out. Send me an email to lisa@exploringdeath.com and if you know anybody who has had an amazing near death experience or is dealing with death in any, you know, unusual or you know, open way that you would like to hear more about, by all means, send me an email I would love to hear. So take care and have a wonderful day. And until next time,

51:35

Hello.

51:42

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